Message From Our Director
TaJuan Wilson

WHAT EXACTLY IS TRIO?

I am often asked what "TRIO" stands for. What does the acronym mean? Well, "TRIO" is not an acronym so the letters T-R-I-O actually don’t stand for anything in particular. My usual explanation is that TRIO Upward Bound and Student Support Services are two of eight federally-funded programs charged to work with students who are economically disadvantaged, first-generation to college, or have disabilities. There are more than 900 TRIO SSS programs around the country. Our purpose is to provide additional academic support to our participants, helping them stay in school, graduate and/or transfer on to a university. In addition, I include that Title IV of the Higher Education Act of 1965 initially created three programs designed to help low-income students persist through college. These three programs – Educational Talent Search, Upward Bound, and Student Support Services became known as the TRIO Programs.

My long-winded answer bothered me because it really didn’t get to the heart of what we do – and launching into an explanation of our services still didn’t capture the essence of "What does TRIO stand for?" I think this excerpt sums it up best:

- TRIO stands for promoting educational access and opportunity for students from low-income and first generation backgrounds, and for students who have disabilities.
- TRIO stands for students so that they have the opportunity to succeed, so they have a better chance of beating the statistics.
- Statistically, the less education a head of a household has completed, the lower the family income.
- But that creates a terrible cycle, because the lower a student’s family income, the less likely they are to...
  - graduate from high school
  - enroll in college
  - persist in college
  - graduate from college

By helping students to stay in and graduate from high school, to enroll in college, and graduate from college, TRIO helps students break that cycle and beat the statistics.

I like it! TRIO stands for access, for opportunity, for fairness...and most of all, TRIO stands for students. I hope you like it too.

What an exciting year! Since taking over the position of Assistant Director of Upward Bound in March, I am amazed at the whirlwind of activity and change in the TRIO offices! 10 freshmen, 18 sophomores, 13 juniors, 13 seniors and counting! You keep me energized with your enthusiasm, motivation and humor as we move towards your eventual transition to college and your future!

This year we are introducing a 3-tiered approach to college preparation. This approach allows for all of our participants to receive a measured and focused stream of information regarding the college process. The Chicago Art Institute. As always, we will complete our year with a school visit and tour of Missouri State University.

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Colleges College that Meet 100% Need

If your family will need to depend on financial aid to attend college, your best bet is to find a school that will offer an excellent financial aid package to your child.

A great way to assess the generosity of any school is to look at the percentage of financial need it typically meets for its students. Teenagers, who earn acceptances into schools that meets 100% of need, essentially win the educational equivalent of the lottery.

To make the search easier, here are the schools that I know of that meet 100% of financial need for all or most of its students. If you are aware of others, please let me know.

Also on the list I included schools, which I boldfaced, that meet at least 94% of need for the majority of its students.

What you’ll notice about the above list is that the schools are highly selective. Many of these schools can provide 100% of need because they are wealthier with bigger endowments than their peers, but also because the majority of students who attend these schools are typically high income. With the wealthy children paying the sticker price or getting a modest merit scholarship, this generates more money for financial aid.

How Percentage of Need Met Works...

Let’s say the financial aid formula says your family can afford to pay $15,000 for one year of college. (That’s represented by your Expected Family Contribution.) Your child is lucky and gets into a $50,000 school that promises to meet 100% of its students’ financial need. That means the school will provide $35,000 in aid.

Schools will look for outside help first to build that $35,000 package. If the child qualifies for the federal Pell Grant for low-income students and an applicable state grant, that will be put into the package first. Nearly all schools also put in a federal Stafford Loan, which for freshman is $5,500. After that the school would kick in its own institutional money.

In this case, let’s assume the child doesn’t qualify for any state of federal grants at a school that meets 100% of need. $50,000 Cost of Attendance Minus $15,000 Expected Family Contribution Aid = $35,000

After the Stafford Loan is subtracted, the family would get nearly $30,000 in grants/scholarships (free money) to attend this school. Some of the most elite schools won’t put in a Stafford Loan. In contrast, the majority of schools in this country would “gap” a child. A school might provide $10,000 or $15,000 or $20,000 or even $0 dollars to meet this child’s need.

Bottom Line:
If your family will need significant financial aid, it’s important that your child be the best student possible so that he or she will be more likely to qualify for the caliber of schools that are generous.

Here is a list of the colleges:

Amherst College (MA) Middlebury College (VT)
Barnard College (NY) Mount Holyoke College (MA)
Bates College (MA) Northwestern University (IL)
Boston College (RI) Oberlin College (OH)
Bryn Mawr College (PA) Occidental College (CA)
Bowdoin College (ME) Pitzer College (CA)
Bucknell University (PA) Pomona College (CA)
California Institute of Technology Princeton University (NJ)
Carleton College (MN) Reed College (OR)
Claremont McKenna College (CA) Rice University (TX)
Clark University (MA) Saint John’s College (MN)
Colby College (ME) Saint Olaf College (MN)
Colgate College (NY) Scripps College (CA)
College of Holy Cross (MA) Sewanee: The University of the South
College of Wooster (OH) (TN)
Colorado College (CO) Smith College (MA)
Connecticut College (CT) Stanford University (CA)
Cornell University (NY) Swarthmore College (NY)
Davidson College (NC) Thomas Aquinatas College (CA)
Denison University (OH) Trinity College (CT)
Dickinson College (PA) Tufts University (MA)
Duke University (NC) Tulane University (LA)
Dartmouth College (NH) Union College (NY)
Emory University (GA) University of Chicago (IL)
Franklin and Marshall College (PA) University of Notre Dame (IN)
Georgetown University (DC) University of Pennsylvania (PA)
Gettysburg College (PA) University of Richmond (VA)
Grinnell College (IA) University of Rochester (NY)
Hamilton College (NY) University of Southern California
Harvey Mudd College (CA) Vanderbilt University (TN)
Haverford College (PA) Vassar College (NY)
Harvard University (PA) Wabash College (IN)
Johns Hopkins University (MD) Wake Forest University (NC)
Kenyon College (OH) Washington and Lee University (VA)
Lafayette College (PA) Wellesley College (MA)
Lehigh University (PA) Wesleyan University (MA)
Macalester College (MN) Williams College (MA)
Massachusetts Institute of Technology Wheaton College (MA)

By Lynn O’Shaughnessy, the author of The College Solution, a national bestseller, is a nationally recognized higher-ed expert, who shares advice with families at her blog, TheCollegeSolution.com.
Step 1 begins with our freshmen and sophomore students. In this phase, our goal is to ensure that every student has a thorough understanding of all basic college functions.

Step 2 integrates application essay writing, ACT Test preparation and zeroing in on the student’s strengths and interests.

Step 3 is the senior year experience. At this point, students are assisted with completing college applications, scholarship applications, FAFSA forms, housing and a myriad of paperwork as our seniors prepare to depart for college.

2014-2015 will find us visiting Mizzou, Lindenwood University, Washington University, Missouri University of Science & Technology, University of Missouri St. Louis, Webster University, University of Missouri Kansas City, Northwestern University, Loyola University, DePaul University, Rush University, University of Chicago and the Chicago Art Institute. As always, we will complete our year with a school visit and tour of Missouri State University. I hope your experience in the TRIO Upward Bound program is exciting and rewarding! As always, I welcome your questions and comments.

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Audri Killian
(417) 689-3675

Meet Our Upward Bound Students

Bailey Adam
School: Parkview High
Goals: Veterinary Services/Criminal Sciences
Grade: 11th

Javier Banuelos
School: Hillcrest High School
Goals: Gaming Artist
Grade: 10th
### Meet Our Upward Bound Students

<table>
<thead>
<tr>
<th>Name</th>
<th>School</th>
<th>Grade</th>
<th>Goals</th>
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<tbody>
<tr>
<td><strong>Chema Banuelos</strong></td>
<td>Hillcrest</td>
<td>10th</td>
<td>Doctor/ Video Game Designer</td>
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<td><strong>Madeleine Benton</strong></td>
<td>Central High S</td>
<td>12th</td>
<td>Medicine/ Business</td>
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<td><strong>Ariana Bond</strong></td>
<td>Parkview</td>
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<td><strong>Marcus Bullard</strong></td>
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<td><strong>Chase Compton</strong></td>
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<td><strong>Jathan Compton</strong></td>
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<td><strong>Julia Corona</strong></td>
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<td>Doctor/ Beautician</td>
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<td><strong>Gracey Crawford</strong></td>
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<td><strong>Amanda Cruse</strong></td>
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<tr>
<td>Name</td>
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<td>Donovan Delacruz</td>
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<td>Kayden Dinwiddie</td>
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<td>Megan England</td>
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<td>Taylor Huff</td>
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<td>Makyia Jackson</td>
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<td>Manuel Ledesma</td>
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<td>LaVaughn Lewis</td>
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<tr>
<td>Name</td>
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<td>Destiny Lindquist</td>
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<td>Matthew Louk</td>
<td>Parkview</td>
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<td>Mechanic/ Pediatrician</td>
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<td>Ruby Mancia</td>
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<td>BriAnn Martinez</td>
<td>Hillcrest</td>
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<td>EMT/ Paramedic</td>
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<td>Edward Martinez</td>
<td>Parkview</td>
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<td>Marines/ Law enforcement/ Computer Technician</td>
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<td>Rebecca McClain</td>
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<td>Taliyah Metcalf</td>
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<td>Sarena Mott</td>
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<td>Media/ Broadcast Journalism</td>
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<tr>
<td>Elanor Nowack</td>
<td>Central</td>
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<td>Pharmacology</td>
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Meet Our Upward Bound Students

Kirsten Parker
School: Hillcrest
Grade: 12
Goals: Nurse

Chandni Patel
School: Central
Grade: 12
Goals: Social Worker/ Nurse

Tracey Paxton
School: Hillcrest
Grade: 11
Goals: Chemist

Angela Perez
School: Central
Grade: 9
Goals: Medicine

JoAnne Peters
School: Kickapoo
Grade: 11
Goals: Film Editor

Lavon Smith
School: Central
Grade: 10
Goals: Medical Field

Emily Salley
School: Hillcrest
Grade: 10
Goals: Obstetrician

Maram Samaha
School: Parkview
Grade: 12
Goal: Doctor/ Trainer

Isaiah Satterfield
School: Hillcrest
Grade: 10
Goal:

Ashley Sewell
School: Hillcrest
Grade: 10
Goal:
Meet Our Upward Bound Students

Madison Smith
School: Parkview
Grade: 12
Goals: Medicine

Madelyne Southard
School: Parkview
Grade: 10
Goals: Surgeon/ Pediatric Nurse

Madison Terry
School: Parkview High School
Grade: 10
Goals: Doctor, Pathologist, Coroner

Lindsay Stewart
School: Hillcrest
Grade: 10
Goals: Dentist/ Dental Hygienist

Savannah Satterfield
School: Hillcrest
Grade: 12
Goal: Elementary School Teacher

Remington Swearengin
School: Hillcrest
Grade: 11
Goals: Chemical Engineer

Jose Villanueva
School: Hillcrest
Grade: 9
Goals: Mechanic

Meet Our Upward Bound Students

October will be a very busy month for the Upward Bound program as we have lots of fun activities in store for our students! After School Meetings for the month will begin on Monday October 6th. We will be travelling to Kansas City on Monday October 13th to tour the University of Missouri, Kansas City’s campus on their ‘Preview Day.’ Outside of the After School and Destined for College Meetings, other activities include a trip to Campbell’s Haunted Corn maze and Bon Fire on October 24th. Here our students will go on hay rides and roast hotdogs and S’mores. Also, We plan to volunteer with The Kitchen at their Halloween Block Party they will be hosting at The Missouri Hotel, in an effort to give back to the Springfield community.
Freudenberger House, Lower West
Level
901 S. National Ave.

UB Site Coordinators:
CHS: Jen Simmons 523-2667
HHS: Lynn Schirk 523-8042
PHS: Ruth Ann Maynard 523-9262

OCTOBER 2014  CALENDAR

October 6, 2014: PHS After School Meeting
October 8, 2014: CHS After School Meeting
October 9, 2014: HHS After School Meeting
October 20, 2014: PHS After School Meeting
October 22, 2014: CHS After School Meeting
October 23, 2014: HHS After School Meeting
October 24, 2014: Haunted Corn maze & Bonfire
October 25, 2014: ACT Test Date
October 25, 2014: Destined for College Meeting

BIRTHDAYS

October 3rd - Jesse Hiett
October 4th - Chandni Patel
October 15th - Cora Johnson
October 25th - Ruby Mancia
October 31st - Madison Terry